

LESBIAN GAY BISEXUAL TRANS MILTON KEYNES Q:alliance

CURRENT SERVICES

COUNSELLING

Our counsellors are experienced in working with people who are lesbian, gay, bi, trans, straight and those who are unsure. They work with a wide range of issues whether they relate to sexuality/gender identity or not. We offer weekly or bi-weekly sessions in Wolverton. Initial sessions are free and the cost of further sessions will depend on your circumstances, please email counselling@qalliance.org.uk for details. The service conforms to the ethics, standards and confidentiality of the BACP.

HQMK YOUTH GROUP

HQMK is our weekly youth club at the Spot Youth Cafe in The Point, CMK on Wednesdays from 7:30–9:30pm. HQMK offers activities and services for young LGBT people, and for young people just questioning their sexuality or gender identity aged 13–25.

PARTNERSHIPS

We work with local and national LGBT-specific and inclusive organisations, including MK FFLAG (Friends and Family of Lesbian and Gays), Relate, MK-ACT, Broken Rainbow, Age Concern and a whole host organisations which offer a range of services to LGBT people and the people that care for them. One of our key aims is help other service providers improve their services and programmes for LGBT people in the city and surrounding areas.

REPRESENTATION

We have a wide range of volunteer representatives that sit on working groups and strategic partnerships across the city. We act as a conduit between these groups/partnerships and local LGBT people, getting your views across to the people that matter.

SOCIAL EVENTS & GROUPS

We also support and promote local LGBT groups and events. We can assist in finding a venue, finding volunteers and offer guidance and support in publicising the event or group.

TRAINING & ADVICE FOR ORGANISATIONS

We offer affordable standard and tailored training modules and an organisational advice service to help organisations meet the needs of their diverse clients, customers, staff and volunteers. Our standard modules start from as little as £50. They're held throughout the year and organisations can send one or more people to these mixed group sessions.

Our services are always evolving, so for the most up to date information, and for further details and contacts, please visit our website...

WWW.QALLIANCE.ORG.UK